



2021-22 Racer Handbook

“LIVE” Race Events - Saturday, February 5th, 2022 at 9:00 am

SEE ITEMS # 1 THRU # 10 FOR INFORMATION ON LIVE RACING

- **Flowage 15 K (Classic and Skate Divisions)**
- **Claire d’Loon 5 K**

Virtual Race Events - December 18th, 2021 - February 18, 2022

SEE ITEMS # 11 THRU # 14 FOR INFORMATION ON VIRTUAL RACING

- **Flowage 15 K (Classic and Skate Divisions)**
- **Turtle River Pursuit 11 K (Classic and Skate Combined Time Individual and Team Divisions)**
- **Claire d’Loon 5 K**

“LIVE” Race Events

1. On-Line Registration: On-line registration opens on December 18th, 2021 and closes on Saturday, February 5th, 2022 at 8:45 am.

2. Bib Pick Up

February 4, 2022, Friday Evening from 5-8 pm:

In-person registration and bib pickup will be held at the Liberty Way Tap House on US HWY 51 in Mercer. [2040 Saarnio Road, Mercer, WI 54547](https://www.google.com/maps/place/2040+Saarnio+Road,+Mercer,+WI+54547)

February 5, 2022, Saturday Morning from 7:30-8:45 am

Bib pickup and day of race registration will be held at the MECCA Chalet. [4686N Fierick Road, Mercer, WI 54547](https://www.google.com/maps/place/4686N+Fierick+Road,+Mercer,+WI+54547)

3. Bibs

Racers will be provided a numbered bib and timing chip attached. If your bib is misplaced or damaged, please notify a startline assistant at the starting gates.

4. Racer's Start Times

For the Flowage 15 K and Claire d'Loon Classic Tour 5 K all start times will be provided at bib pickup and recorded on your bib.

5. Race Starting Procedures

The start and finish lines for all races will be located behind the MECCA Chalet. All racers will be lined up according to their respective race and pre-assigned start times. Racers will be released at 15 second intervals.

Flowage 15 K Skaters (white bib) - will be released first;

Flowage 15 K Flowage Classical Skiers (yellow bib) - will be released second and;

Claire d'Loon 5 K Skiers (blue bib) will be released third.

6. Finish Times

Times will also be posted on the kiosk outside the MECCA Chalet. Results will also be posted on MECCA's website.

5. Emergency Management

Ski Patrollers will be roving the course during both races. Mercer EMS will be stationed at the MECCA Chalet.

The course will be “swept” at the end of each race. There will be one aid station along the Flowage 15 K Race Course located at Intersection “L”, just west of the bridge crossing. The aid station will have a warming fire and water.

6. Extreme Weather: race delay or cancellation policy

In the event of extreme weather conditions, check MECCA’s website at www.MECCATrails.com or our [Facebook](#) page beginning Thursday morning, February 3rd, for information on course conditions and race cancellation or delayed start times.

7. Food and Refreshments

Food and refreshments will be available outside the MECCA Chalet before and after the race. Prior to the race, water and snacks will be available on a self-serve basis. After the race, a “grab and go” bag (hot pasty (traditional Cornish and vegetarian), fruit, granola bar, chocolate milk) along with water will be available.

8. Course Descriptions

Flowage 15 K (Classic and Skate Division)

The Flowage 15 K showcases most of the MECCA Trail System. The course winds through upland hardwoods and pines, spruce and cedar wetlands, crosses the Little Turtle River Flowage and Wildlife Area to the west side of the trail system at Voss Lake. Trails not used for the race will be blocked off with pine boughs. There will be “K” markers at every kilometer and there will be meter markers (500, 250, 100) in the last kilometer counting down to the finish line. There are two snowmobile crossings that will be monitored during the race and snowmobile traffic will be stopped as racers approach. The course is rated moderate to advanced with numerous hills.

Claire d’Loon 5 K

The Claire d’Loon 5K Classic Tour will start by following the Flowage 15 K race course for the first 1.75 K and then branch off using trails on the eastside of the bridge crossing. Trails not used for the race will be blocked off with pine boughs. There will be “K” markers at every kilometer and there will be meter markers (500, 250, 100) in the last kilometer counting down to the finish line. There are two snowmobile crossings that will be monitored during the race and

snowmobile traffic will be stopped as racers approach. The tour course is generally flat with intermittent rolling hills and the degree of difficulty is easy to moderate.

9. Awards

There will not be an award ceremony because of Covid 19. Live winner's awards will be mailed out the week of February 7th. Race results will be posted on our website at www.MECCATrails.com

Note: Awards will be given to winners both in the Live and Virtual Races respectively, they will not be combined.

Awards will be given for the following:

Flowage 15 K Classic

1st place male and female winners in age categories (19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 & over)

Flowage 15 K Skate

1st place male and female winners in age categories (19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 & over)

Claire d' Loon 5K

1st, 2nd and 3rd place male and female Students (19 & under) AND 1st, 2nd and 3rd place male and female Adults (20 & over)

10. Miscellaneous

a. Course Etiquette

Passing: Be vocal while passing and alert skiers that you pass. Pass quickly. When being passed by a faster skier move out of the track and double pole if possible to allow the faster racer to pass. If in the tracks and you hear "Track!" behind you, move out of the tracks to allow the faster racer to pass, then move back into the tracks. If you want to pass someone in the tracks, yell "Track!" or move out of the tracks and overtake the racer in front of you.

b. Dropouts

Racers who are not able to complete the course for whatever reason should inform either a roving ski patroller or the race course sweeper. If necessary, arrangements will be made to transport the racer back to the start/finish line.

c. Lost & Found

Lost & Found is at the MECCA Chalet until 12 pm on Saturday. Please email with a description to report any lost item. If found, we will gladly reunite you with your item in person or by mail.

d. Parking

Racers and volunteer parking will be at the Mercer Sanitary District #1 located just past (west) the MECCA Chalet. Follow the signs from the intersection of US 51 and Beachway Drive.

e. Spectators

Spectators will have access to both the start and finish line areas as well as a section of the race course leading to the finish line that runs along the parking area. Spectators that would like to cheer on the racers at about the midway point of the course in the Flowage 15 K Race can park at the MECCA Little Turtle Flowage Trailhead located off of Joe's Shack Road. The race course is adjacent to the parking lot.

Virtual Race Events

10. Virtual Skiing Registration

Racers can register on-line starting December 18th, 2021 and ending on February 18th at 5 pm. Racers can ski any of the three courses whenever they would like and record their time on the events website at www.MECCATrails.com

11. Start and Finish Line

The start and finish lines are signed and located behind the MECCA Chalet.

12. Finish Times

Finish times will be posted on the events website at www.MECCATrails.com

13. Awards

Virtual winner's awards will be mailed out the week of February 21st. Race results will be posted on the events website at www.MECCATrails.com

Note: Awards will be given to winners in both the Virtual and Live Races respectively, they will not be combined.

Awards will be given for the following:

Flowage 15 K Classic

1st place male and female winners in age categories (19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 & over)

Flowage 15 K Skate

1st place male and female winners in age categories (19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 & over)

Turtle River Pursuit Individual (combined times)

1st, 2nd, and 3rd male and female winners

Turtle River Pursuit Team (combine times)

1st place male, female and co-ed teams.

Claire d' Loon 5K

1st, 2nd and 3rd place male and female Students (19 & under) AND 1st, 2nd and 3rd place male and female Adults (20 & over)

14. Course Descriptions

Flowage 15 K Freestyle

The Flowage 15 K Freestyle showcases most of the MECCA Trail System. The course winds through upland hardwoods and pines, spruce and cedar wetlands, crosses the Little Turtle River Flowage and Wildlife Area to the west side of the trail system at Voss Lake. There will be “K” markers at every kilometer. The course is rated moderate to advanced with numerous hills.

Turtle River Pursuit 11 K Classical and Skate

The Turtle River Pursuit 11 K will follow the Flowage 15 K race course for the first 6 K and then return to the MECCA Chalet. The course winds through upland hardwoods and pines, spruce and cedar wetlands, and runs the edge of the Little Turtle River Flowage and Wildlife Area. There will be “K” markers at every kilometer. The race course is generally flat with intermittent rolling hills and the degree of difficulty is easy to moderate.

Claire d'Loon 5 K

The Claire d'Loon 5K Classic Tour will start by following the Flowage 15 K race course for the first 1.75 K and then branch off using trails on the eastside of the bridge crossing. There will be “K” markers at every kilometer. The tour course is generally flat with intermittent rolling hills and the degree of difficulty is easy to moderate.

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